

Lie Detection through Body Language: Power of Smart Trust

Are you having difficulties in trusting others?
Want to know the secret of human trust?
Spend too much time to analyse if a person is telling the truth?

Introduction

Trust is the fundamental of human interaction. It is very sad to know humans start to become selfish, and they start to deceive others for survival. Identification of deception or lie spotting is not as simple as learning each gesture, facial expression, and verbal communication skills. It needs practical exercise for you to excel in identifying deception. Once you understand the concept of nonverbal and deception, you can avoid yourself being deceived, and you can learn the skills of smart trust. Smart trust is important to help you to increase your efficiency and effectiveness at work because smart trust eliminates negative perceptions during communication. This training focuses on the concept of nonverbal communication and how nonverbal cues help you to identify the deception and create smart trust. Lastly, smart trust helps you to enjoy greater prosperity, energy, and joy-both personally and professionally.

Program Objectives

This program aims to

- Learn the skills to identify lie and deception nonverbally
- Learn the principles of smart trust and its application

Learning Outcomes

After completing this program, participants should be able to

- Understand the psychological perspective during deception
- Identify deception through nonverbal communication
- Apply strategies to trap of deception
- Apply action to apply smart trust in daily life.

Who should attend?

Non-managerial, first-line management, middle management, senior management and anyone who has the interest in lie detection

Methodology

Case studies, forum discussion, role-play, presentations, gamification

Program Outline

Time	Day One
9.00am– 10.30am	<p>Deception as the Factor to Spoil Human Relationship</p> <p>In this module, the participants would learn the essential role of trust in building up the relationship. In addition, this module exposes to participants the concept of deception, the law of deception and evolution in deception identification methodology.</p>
10.30am-11.00am	<p>Break and Networking</p>
11.00am-1.00pm	<p>Psychological Perspective of a Liar</p> <p>In this module, the participants would learn the psychological aspect of a liar. The participants would understand both offensive and defensive constructs of deception. Basic statistical profile of a liar is shared in this module.</p>
1.00pm-2.00pm	<p>Lunch Break and Networking</p>
2.00pm-3.30pm	<p>Venturing into Heart of Deception</p> <p>The participants would be trained on how to apply observation as the key to lie detection. The participant would start to analyze the emotion and feeling of a liar. The concept of consistency, congruency, and the context would be shared as the fundamental of analysis of lie detection.</p>
3.30pm-4.00pm	<p>Break and Networking</p>
4.00pm-5.00pm	<p>Nonverbal and Deception as a Start</p> <p>In this module, the participant would start to learn the fundamentals of nonverbal communication in lie detection. The concept such as baselining and the principle body language leakage would be shared in this module.</p>

Time	Day Two
9.00am– 10.30am	<p>Facial Expression and Deception</p> <p>In this module, participants would learn the concept of human facial expression. Various facial expressions such as masking, intensification, neutralisation are exposed to participants in this module. The participants would learn the key of this module on understanding and identifying the 7 fundamentals of human emotion and the concept of a microexpression.</p>
10.30am-11.00am	<p>Break and Networking</p>
11.00am-1.00pm	<p>Nine Cues of Deception</p> <p>In this module, the participant would learn the nine cues to deceit, including microexpressions, squelched expressions, reliable muscle patterns, blink rates, pupil dilation, tears, timing, duration and asymmetrical expression.</p>
1.00pm-2.00pm	<p>Lunch Break and Networking</p>
2.00pm-3.30pm	<p>Trapping the Cunning Fox</p> <p>In this module, the participants would learn how to apply strategies to trap the liars. In this module, the participants would apply psychological, physical, environmental strategies in lie detection. Application of technology is shared with the participants on lie detection.</p>
3.30pm-4.00pm	<p>Break and Networking</p>
4.00pm-5.00pm	<p>Smart Trust: Key for Human Interaction</p> <p>In the last module, the participants would learn why trust matters and the economic impact of trust. The most important element in this module - how to apply smart trust among human interaction. By the end of the module, the participants would have crafted the action plan to acquire skills of Smart Trust.</p>